

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast - served with milk or fruit juice	Toasted bread with a choice of spreads, selection of cereals with milk, fresh fruit.				
Snack	Fresh Fruit / Vegetable Platter / Milk or Water				
Lunch - served with water	Beef / <b>Quorn</b> spaghetti bolognese	Pork / <b>Quorn</b> sausage served with creamed potatoes and fresh carrots	Turkey/ <b>Quorn</b> stir fry served with white rice	Chicken and mushroom pie / <b>Vegetable pie</b> served with roast potatoes and fresh green beans	Ham and sweet corn carbonara / <b>Vegetable ravioli</b>
	Lemon sponge	Fruit yoghurt	Jelly and single cream	Ice cream roll	Banoffee pie
Tea - served with water	Crackers with cheese cubes and apple slices	Pitta bread pockets and carrot sticks	Buttered teacakes and banana	Assorted Savoury Sandwiches with cucumber sticks	Baked Beans on Toasted bread

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast - served with milk or fruit juice	Toasted bread with a choice of spreads, selection of cereals with milk, fresh fruit.				
Snack	Fresh Fruit / Vegetable Platter / Milk or Water				
Lunch - served with water	Chicken / <b>Quorn</b> curry served with brown rice and naan bread	<b>Jacket potatoes</b> served with a choice of fillings and salad	<b>Fish</b> in batter served with potato wedges and garden peas	Cottage / <b>Quorn</b> pie served with fresh carrots and sweet corn	<b>Fish cakes</b> served with peas and savoury rice
	Fruit Yoghurt	Pancakes, banana and maple syrup	Apple Pie and Custard	Pineapple and Ice Cream	Carrot cake
Tea - served with water	Marmite / Jam on toasted bread	Toasted Crumpets with Cheese and Cherry Tomatoes	Macaroni cheese and bread	Assorted savoury sandwiches with carrot and cucumber sticks	Cream crackers apple slices and raisins

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast - served with milk or fruit juice	Toasted bread with a choice of spreads, selection of cereals with milk, fresh fruit.				
Snack	Fresh Fruit / Vegetable Platter / Milk or Water				
Lunch - served with water	Sweet and sour chicken / <b>Quorn</b> served with brown rice	Pork / <b>Quorn</b> sausage casserole served with creamed potatoes and fresh green beans	<b>Fish Pie</b> served with fresh carrots and garden peas	Beef meatballs / <b>Quorn Dippers</b> in a tomato sauce served with baby corn on a bed of tagliatelle	<b>Jacket potatoes</b> served with a choice of fillings and salad
	Banana custard	Jelly and ice cream	Fruit yoghurt	Angel delight	Jam tarts
Tea - served with water	Assorted savoury sandwiches and raisins	Bread, carrot and cucumber sticks served with a sour cream dip	Cheese and tomato pizza	Cream crackers with cheese and pineapple	Vegetable soup with bread and butter

Miss Tree

